

Contact Hours by State



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Listed below are the states that place restrictions on the number of contact hours* allowed for instructional media/home study. Scroll through to find your state.

| STATE | CONTACT HOURS |
|----------------------|--|
| Alabama | 12 hours per year |
| Alaska | 50 hours per biennium |
| Arizona | 25 hours per year (max 10 home study) |
| Arkansas | 20 hours per year (max 5 credits for "internet" courses) |
| California | 50 hours per biennium (12 in lower extremity muscle system) |
| Colorado | 10 hours per year |
| Connecticut | CE is not required by state |
| Delaware | 32 hours per biennium |
| District of Columbia | 50 hours per biennium (max 25/biennium online) |
| Florida | 40 hours per biennium (max 8/biennium home study) |
| Georgia | 50 hours per biennium (max 10/biennium online/home study) |
| Hawaii | 40 hours per biennium |
| Idaho | 15 hours per year (max 10 home study) |
| Illinois | 100 hours per biennium (max 50/biennium home study) |
| Indiana | 15 hours per year; 30 hrs/biennium |
| Iowa | 40 hours per biennium (max 5/biennium print; max 10/biennium online) |
| Kansas | 54 hours per triennium (FAQ is Cat. 1) |
| Kentucky | 20 hours per year (max 5/year home study: Cat. B) |
| Louisiana | 20 hours per year |
| Maine | 25 hours per biennium (min of 15 Cat. 1, FAQ is Cat. 1) |
| Maryland | 50 hours per biennium (max 25 home study) |
| Massachusetts | 30 hours per biennium |

*All contact hours are subject to change. Please contact your state for detailed requirements.

| STATE | CONTACT HOURS |
|----------------|--|
| Michigan | 150 hours per triennium (min 75/tri Cat. 1, FAQ is in Cat. 1) |
| Minnesota | 40 hours per biennium (max 8/biennium online) |
| Mississippi | 40 hours per biennium (FAQ is Cat. 1-A) |
| Missouri | 24 hours per biennium (max 6/biennium self study) |
| Montana | Not required by state |
| Nebraska | 48 hours per biennium (max 16/biennium home study) |
| Nevada | 50 hours per biennium |
| New Hampshire | 40 hours per biennium (max 10/biennium instructional media) |
| New Jersey | 100 hours per biennium (min 40 Cat. I; max 60 Cat. II. FAQ=Cat. I) |
| New Mexico | 16 hours per year (min 2 hours pain management) |
| New York | 50 hrs triennium(max 25 home study; min 35 Cat. A; FAQ=Cat. A) |
| North Carolina | 25 hours per year (max 5 home study - Cat. II) |
| North Dakota | 20 hours per year |
| Ohio | 100 hours per biennium (min 40 Cat. I; max 60 Cat. II. FAQ=Cat. I) |
| Oklahoma | 60 hours per biennium (max 10/biennium Internet courses) |
| Oregon | 60 hours per biennium |
| Pennsylvania | 50 hours per biennium (max 10/biennium home study) |
| Rhode Island | 15 hours per year |
| South Carolina | 12 hours per year |
| South Dakota | 30 hours per biennium |
| Tennessee | 15 hours per year (max 5 home study) |
| Texas | 50 hours per biennium (max 20/biennium home study) |
| Utah | 40 hours per biennium |
| Vermont | CE is not required by state (except for 2 hrs of controlled substances) |
| Virginia | 60 hours per biennium (min 30 Type 1; max 30 Type 2; min 15 face to face Type 1) |
| Washington | 100 hours per biennium (max 20/biennium home study) |
| West Virginia | 50 hours per biennium |
| Wisconsin | 50 hours per biennium |
| Wyoming | 40 hours per biennium |

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