

# Contact Hours by State



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Listed below are the states that place restrictions on the number of contact hours\* allowed for instructional media/home study. Scroll through to find your state.

STATE	CONTACT HOURS
Alabama	12 hours per year
Alaska	50 hours per biennium
Arizona	25 hours per year (max 10 home study)
Arkansas	20 hours per year (max 5 credits for "internet" courses)
California	50 hours per biennium (12 in lower extremity muscle system)
Colorado	10 hours per year
Connecticut	CE is not required by state
Delaware	32 hours per biennium
District of Columbia	50 hours per biennium (max 25/biennium online)
Florida	40 hours per biennium (max 8/biennium home study)
Georgia	50 hours per biennium (max 10/biennium for online/home study)
Hawaii	40 hours per biennium
Idaho	15 hours per year (max 10/yr home study/online)
Illinois	100 hours per biennium (max 50/biennium home study)
Indiana	15 hours per year; 30 hrs/biennium
Iowa	40 hours per biennium (max 5/biennium print; max 10/biennium online)
Kansas	54 hours per triennium (FAQ is Cat. 1)
Kentucky	20 hours per year (max 5/year home study, FAQ is Cat. B)
Louisiana	20 hours per year
Maine	25 hours per biennium (min of 15 Cat. 1, FAQ is Cat. 1)
Maryland	50 hours per biennium (max 25 home study, FAQ is Cat. A)
Massachusetts	30 hours per biennium

\*All contact hours are subject to change. Please contact your state for detailed requirements.

STATE	CONTACT HOURS
Michigan	150 hours per triennium (min 75/tri Cat. 1, FAQ is Cat. 1(A))
Minnesota	40 hours per biennium (max 8/biennium online)
Mississippi	40 hours per biennium (FAQ is Cat. 1-A)
Missouri	24 hours per biennium (max 6/biennium self study)
Montana	CE is not required by state
Nebraska	48 hours per biennium (max 16/biennium home study)
Nevada	50 hours per biennium
New Hampshire	40 hours per biennium (max 10/biennium instructional media)
New Jersey	100 hours per biennium (min 40 Cat. I; max 60 Cat. II. FAQ=Cat. I)
New Mexico	16 hours per year (min 2 hours pain management)
New York	50 hrs triennium (max 25 home study; min 35 Cat. A; FAQ=Cat. A)
North Carolina	25 hours per year (max 5 home study - Cat. II)
North Dakota	20 hours per year; 60 hrs per triennium
Ohio	100 hours per biennium (min 40 Cat. I; max 60 Cat. II. FAQ=Cat. I)
Oklahoma	60 hours per biennium (max 10/biennium Internet courses)
Oregon	60 hours per biennium
Pennsylvania	50 hours per biennium (max 10/biennium home study)
Rhode Island	15 hours per year
South Carolina	12 hours per year; 24 per biennium
South Dakota	30 hours per biennium
Tennessee	15 hours per year (max 5 home study)
Texas	50 hours per biennium (max 20/biennium home study)
Utah	40 hours per biennium
Vermont	CE is not required by state (except for 2 hrs of controlled substances)
Virginia	60 hours per biennium (min 30 Type 1; max 30 Type 2; min 15 face to face Type 1)
Washington	100 hours per biennium (max 50/biennium home study, FAQ=Cat. 2)
West Virginia	50 hours per biennium
Wisconsin	50 hours per biennium
Wyoming	40 hours per biennium

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